

ZEN SPA MENU

ZEN= Facial Treatment 〈禅フェイシャル〉

Created from Japanese high-quality hospitality, the =ZEN = series is an original cosmetic product from AN SPA. Experience tightening and anti-aging effects with techniques and carefully selected ingredients unique to Japan. In addition to Hamanasu flower (Japanese Rose), cherry blossom, yuzu, tea leaves, and rice ceramide, 24K gold and platinum are also blended to promote radiant skin.

50 min. ¥25,000 / 80 min. ¥32,000 / 110 min. ¥38,000

Madonna Skin Therapy 〈マドンナ〉

Skin care MDNA SKIN was developed in Japan in collaboration with Madonna, a global figure of beauty. "Parca" is a combination of four fountain sources hidden in unexplored regions. The beauty-promoting ingredients for beautiful skin will tone and soften your skin. Enjoy the ultimate skin care experience that will provide satisfaction to your heart as you enjoy the unique scents.

50 min. ¥24,000 / 80 min. ¥30,000 / 110 min. ¥38,000

Aromatherapy 〈アロマセラピー〉

Using essential oils with scents that take advantage of the natural healing power of Japanese plants, we calmly relax your mind and body with a customized treatment arranged according to your needs.

50 min. ¥25,000 / 80 min. ¥32,000 / 110 min. ¥38,000

Health and Beauty Body Treatment 〈和漢方美 エステラピーボディ〉

This treatment is the combination of an oriental-style treatment which involves gently warming your body using hot capsule gel that regulates your flow of qi and a western-style treatment which relaxes your mind and body. This will adjust your flow of qi to promote a virtuous cycle for your whole body's life force, blood, and colorless bodily fluids (the three elements that constitute an organism according to traditional Chinese medicine), improve blood circulation across the whole body, and bring deep relaxation. The finishing moisturizing powder containing pearl will leave your skin looking beautiful.

50 min. ¥25,000 / 80 min. ¥31,000 / 110 min. ¥38,000

Reflexology 〈リフレクソロジー〉

This treatment will improve the flow of your lymph and blood to promote the discharge of byproducts by using fingers to stimulate the area from the soles of your feet to your calf.

40 min. ¥9,000 / 60 min. ¥13,000

Dry head 〈ドライヘッド〉

We will relax your mind and body by massaging from your back to your head using fingers to stimulate the area.

40 min. ¥8,000 / 60 min. ¥11,000

Dry Massage 〈もみほぐし〉

We will release tension and tightness by massaging the surface of your body with fingers to stimulate the area. This treatment will greatly promote the body's inherent natural healing ability.

40 min. ¥8,000 / 60 min. ¥11,000

40 min. ¥9,000 (in room) / 60 min. ¥12,000 (in room)

Hanakasumi Body Treatment 〈花霞〉

A body treatment that provides a deeper sense of relaxation and refreshment as if you were in the mist of cherry blossoms. After performing peeling on your entire body using cream, we massage it with shea butter containing Asian scents such as lotus and violet.

60min. ¥19,000 90 min. ¥25,000